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## Doha

**Shri Guru Charan Saroj Raj, Nij Man Mukur Sudhari,  
Baranau Raghubar Bimal Jasu, Jo Dayaku Phal Chari.**

With the dust of my Guru's lotus feet, I cleanse the mirror of my mind.  
*I sing the pure glory of Shri Raghubar (Lord Rama), which bestows the four fruits of life  
(Dharma, Artha, Kama, and Moksha).*

**Budhi Hin Tanu Janike, Sumirau Pavan Kumar,  
Bal Buddhi Vidya Dehu Mohi, Harahu Kalesh Vikar.**

Knowing that I am ignorant and without wisdom, I surrender to you, O Pavan Kumar  
(Hanuman). Grant me strength, wisdom, and knowledge, and remove all my afflictions and  
impurities.

## Chaupai

**Jai Hanuman Gyan Gun Sagar,  
Jai Kapis Tihun Lok Ujagar.**

Victory to Hanuman, the ocean of wisdom and virtue,  
Victory to the supreme among monkeys (Kapis), the illuminator of the three worlds.

**Ram Doot Atulit Bal Dhama,  
Anjani Putra Pavansut Nama.**

Messenger of Lord Rama, the repository of incomparable strength,  
Son of Anjani, known as the son of the wind god (Pavan)

**Mahabir Bikram Bajrangi,  
Kumati Nivar Sumati Ke Sangi.**

Great hero, mighty and powerful like a thunderbolt,  
Dispeller of evil thoughts and companion of good wisdom.

**Kanchan Baran Biraj Subesa,  
Kanan Kundal Kunchit Kesa.**

Golden-hued and adorned with beautiful attire,  
With earrings and curly hair.

**Hath Bajra Aur Dhvaja Biraje,  
Kandhe Moonj Janeu Saje.**

In your hands, you hold a thunderbolt and a flag,  
And a sacred thread adorns your shoulder.

**Shankar Suvan Kesari Nandan,  
Tej Pratap Maha Jag Vandan.**

Son of Lord Shiva and Kesari,  
Your glory is revered throughout the world.

**Vidyavan Guni Ati Chatur,  
Ram Kaj Karibe Ko Aatur.**

You are wise, virtuous, and extremely clever,  
Ever eager to fulfill Lord Rama's tasks.

**Prabhu Charitra Sunibe Ko Rasiya,  
Ram Lakhan Sita Man Basiya.**

You delight in listening to Lord Rama's deeds,  
And Rama, Lakshman, and Sita reside in your heart.

**Sukshma Roop Dhari Siyahi Dikhava,  
Vikat Roop Dhari Lank Jarava.**

You assumed a subtle form to meet Sita,  
And a fearsome form to burn Lanka.

**Bhima Roop Dhari Asur Sanghare,  
Ramachandra Ke Kaj Sanvare.**

You took a gigantic form to destroy demons,  
And accomplished Lord Rama's mission.

**Laye Sanjivan Lakhan Jiyaye,  
Shri Raghuvir Harashi Ur Laye.**

You brought the Sanjivani herb and revived Lakshman,  
And Lord Rama embraced you with joy.

**Raghupati Kinhi Bahut Badai,  
Tum Mam Priya Bharat Hi Sam Bhai.**

Lord Rama praised you greatly,  
Saying, "You are as dear to me as Bharat.

**Sahas Badan Tumharo Jas Gaave,  
Asa Kahi Shripati Kanth Lagave.**

The thousand-headed serpent Shesh sings your glory,  
Saying this, Lord Rama embraced you.

**Sankadik Brahmadi Muneesa,  
Narad Sarad Sahit Aheesa.**

Sages like Sanak, Brahma, and the great saints,  
Narada, Saraswati, and the king of serpents.

**Yam Kuber Diggpal Jahan Te,  
Kavi Kovid Kahi Sake Kahan Te.**

Even Yama, Kubera, and the guardians of the directions,  
Poets and scholars cannot fully describe your glory.

**Tum Upkar Sugrivahi Kinha,  
Ram Milaye Rajpad Dinha.**

You helped Sugriva,  
And united him with Lord Rama, granting him the kingdom.

**Tumharo Mantra Vibhishan Mana,  
Lankeshwar Bhaye Sab Jag Jana.**

Vibhishana heeded your advice,  
And became the king of Lanka, as the whole world knows.

**Yug Sahastra Yojan Par Bhanu,  
Leelyo Tahi Madhur Phal Janu.**

You swallowed the sun, thinking it to be a sweet fruit,  
Though it was thousands of miles away.

**Prabhu Mudrika Meli Mukh Mahee,  
Jaladhi Langhi Gaye Achraj Nahee.**

Holding Lord Rama's ring in your mouth,  
You leaped across the ocean effortlessly.

**Durgam Kaj Jagat Ke Jete,  
Sugam Anugraha Tumhare Tete.**

All difficult tasks in the world,  
Become easy with your grace.

**Ram Duware Tum Rakhvare,  
Hot Na Agya Bin Paisare.**

You are the guardian of Lord Rama's abode,  
No one can enter without your permission.

**Sab Sukh Lahai Tumhari Sarna,  
Tum Rakshak Kaahu Ko Darna.**

Those who take refuge in you find happiness,  
And with you as their protector, they fear nothing.

**Aapan Tej Samharo Aape,  
Teenhon Lok Hank Te Kanpe.**

You alone can control your power,  
The three worlds tremble at your roar.

**Bhoot Pishach Nikat Nahi Aave,  
Mahavir Jab Naam Sunave.**

Ghosts and evil spirits do not come near,  
When one utters the name of Mahavir Hanuman.

**Nase Rog Hare Sab Peera,  
Japat Nirantar Hanumat Beera.**

All diseases and pain are eradicated,  
By constantly chanting the name of Hanuman.

**Sankat Te Hanuman Chhudave,  
Man Kram Vachan Dyan Jo Lave.**

Hanuman rescues from all troubles,  
Those who remember him in thought, word, and deed.

**Sab Par Ram Tapasvee Raja,  
Tin Ke Kaj Sakal Tum Saja.**

Lord Rama is the supreme ascetic king,  
And you fulfill all his tasks.

**Aur Manorath Jo Koi Lave,  
Soi Amit Jivan Phal Pave.**

Whoever comes to you with a desire,  
Gains the infinite fruit of life.

**Charo Yug Partap Tumhara,  
Hai Parsiddh Jagat Ujjyara.**

Your glory prevails in all four ages,  
And your fame illuminates the world.

**Sadhu Sant Ke Tum Rakhware,  
Asur Nikandan Ram Dulare.**

You are the protector of saints and sages,  
And the destroyer of demons, beloved of Lord Rama.

**Ashta Siddhi Nav Nidhi Ke Data,  
Asa Bar Din Janki Mata.**

You grant the eight Siddhis and nine Nidhis,  
Mother Janki (Sita) has blessed you with this boon.

**Ram Rasayan Tumhare Pasa,  
Sada Raho Raghupati Ke Dasa.**

You possess the essence of devotion to Rama,  
May you always remain the servant of Raghupati (Rama).

**Tumhare Bhajan Ram Ko Pave,  
Janam Janam Ke Dukh Bistrave.**

Through your worship, one attains Rama,  
And is freed from the sorrows of countless births.

**Anta Kaal Raghubar Pur Jai,  
Jahan Janam Hari Bhakt Kahai.**

At the end of life, one goes to Rama's abode,  
And is born as a devotee of Lord Hari.

**Aur Devta Chitt Na Dharai,  
Hanumat Sei Sarva Sukh Karai.**

Do not focus on other deities,  
Hanuman alone grants all happiness.

**Sankat Kate Mite Sab Peera,  
Jo Sumire Hanumat Balbeera.**

All troubles and pain are removed,  
By remembering Hanuman, the mighty hero.

**Jai Jai Jai Hanuman Gosai,  
Kripa Karahu Gurudev Ki Naai.**

Victory, victory, victory to Lord Hanuman,  
Bestow your grace as the supreme guru.

**Jo sat bar path kare koi,  
Chutahi bandhi maha sukh hoi.**

Whoever recites this Chalisa a hundred times,  
Is freed from bondage and attains great bliss.

**Jo yah padhe Hanuman Chalisa,  
Hoye Siddhi Sakhi Gaurisa.**

Whoever reads this Hanuman Chalisa,  
Attains Siddhi, as witnessed by Lord Shiva.

**Tulsidas sada Hari chera,  
Keejai Nath Hriday mahn dera.**

Tulsidas, the eternal servant of Hari,  
Prays, "O Lord, reside in my heart.

## **Doha**

**Pavan Tanay Sankat Haran, Mangal Murti Roop,  
Ram Lakhan Sita Sahit, Hriday Basahu Sur Bhoop.**

Son of the wind, destroyer of sorrows, embodiment of blessings,  
Reside in my heart with Ram, Lakshman, and Sita.

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